



Volume 1 Issue 20  
Jan. 29 2013

# THE PSU Collegian

*Where the NEWS is all about YOU*

## Calendar of Events

**TUESDAY, Feb. 5**  
Day Time Diversity  
Eric Byrd Jazz  
Noon

SGA Meeting  
Noon

**THURSDAY, Feb. 7**  
Bob Tier -- Battle of the  
Sexes

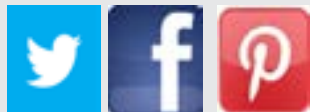
**SUNDAY, Feb. 17**  
THON Weekend  
U Park

### SPORTS- BASKETBALL

**THURSDAY, Jan. 31**  
(postponed due to bad  
weather on Monday)  
Penn St. York @  
Penn St. Hazleton  
**Women: 6 p.m.**  
**Men: 8 p.m.**

**WEDNESDAY, Jan. 30**  
Penn St. Worthington  
Scranton @  
Penn St. Hazleton  
**Women: 6 p.m.**  
**Men: 8 p.m.**

**SATURDAY, Feb. 2**  
Penn St. Hazleton @  
Penn St. Brandywine  
**Women: 1 p.m.**  
**Men: 3 p.m.**



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All cameras are on Punxsutawney Phil on Feb. 2, a day set aside for his forecast.

## Is winter over? Only the groundhog knows

Amanda Gipson  
avg5230@psu.edu

Groundhog Day is so important to Pennsylvania German culture that, according to PA Dutch culture, a group formed in 1933 to meet each year on Feb. 2 to commemorate the holiday and preserve Pennsylvania culture. In more modern times, the lodges also hold outreach, teaching Pennsylvania German classes and assisting with research.

The Groundhog Day tradition comes from Europe, wherein a badger was used to predict if people would have six more weeks of winter. In fact, people point to many different animals for predictions, from bears to wooly caterpillars.

America's most famous groundhog, however, got his start in 1887. A journalist proclaimed Punxsutawney Phil, the local groundhog, to be the one and only weather accurate groundhog. It may be that this was a publicity stunt of the highest order, but nevertheless, Phil survives to this day.

According to his website, he gets a magical drink every summer to keep him healthy for seven more years. News outlets in the area report the club does not speak about how many groundhogs have taken on the forecasting role, though it can be an educated guess based on the average lifespan of a groundhog, which is about seven years.

Although most know Groundhog Day stems from Europe, its' origins are not totally clear. Some scholars say that it began through Candlemas. This holiday was one wherein candles were lit and distributed on some of the darkest days of winter.

This holiday eventually declared clear skies on Candlemas meant a longer winter. Others assert that imbolc, a Celtic holiday that honored the fertility Goddess Brigid, and a foremother of Candlemas was the true beginning of Groundhog Day.

There is a rhyme common in many households "If the sun shines on Groundhog Day/Half the fuel and half the hay" that is often

said about Groundhog Day. So for the rural Pennsylvanians, getting a favorable outcome meant that life could be a little easier and the warmth of spring is a more vibrant hope.

In 2010, PETA (People for the Ethical Treatment of Animals) suggested that Phil be replaced by a robot due to the stress he experiences. The president of the club that oversees Phil said he is treated "better than most children in Pennsylvania."

Phil consumes ice cream and dog food, as well as traditional groundhog foods of leafy greens. He lives in an enclosure with other groundhogs at the library in Punxsutawney.

In 2012, Phil's accuracy rate was about 39 percent, according to Stephanie Pappas of LifeScience. While his rates are poor, most people who celebrate Groundhog Day do so out of cultural tradition and as a way to honor nature. Being that devotees often stand in freezing temperatures in hopes of seeing Phil, they are indeed close to nature.

## THE CREW

### Newspaper Advisor

Pat Trosky, BA, MA  
pxt13@psu.edu

### Managing Editors

Amanda Gipson  
avg5230@psu.edu

Mylique Sutton  
mq5490@psu.edu

### Design and Distribution Editor

Casey Petty  
cvp5142@psu.edu

### Staff Writers

Tiara Zhan'e Hernandez  
tzh5176@psu.edu

Daphnie Vega  
dmv5121@psu.edu

### Contributing members

Krystin Baker, The PSU Spanish Club and Dr. Beatriz Glick

### Editorial content

Articles, ideas, photos, opinion pieces, commentary, cartoons, jokes, artwork, music, videos and vlogs are welcome at The PSU Collegian. There are multimedia components to the student-run vehicle so just about anything may be communicated. This is an opportunity to hear or read about YOU.

All submissions must contain first and last names, ages, emails and phone numbers so we may contact you if there are any questions.

### Email:

urpsunews@gmail.com

### Voicemail, messages:

570-435-1PSU (1778)

## SGA Happenings

Amanda Gipson  
avg5230@psu.edu

### Second Year Experience

This week's session of SYE will focus on housing at University Park. It seeks to augment the housing meeting that took place last semester with a more informal discussion environment. Please bring any questions or comments you have about the process. Discussion topics range from things like roommate agreements to an overview of important information you might have forgotten. Stop by at noon in G-155 and bring a friend.

### Nominate today

The nomination process for campus awards is nearly over and you can have a say in who wins by submitting your nominations today.

Nominations are due this Friday, Feb. 1 in the administration building, room 109, the library, Graham lobby or Student Affairs, Butler Building, room 105.

The awards are the George T. Bobby Advising Award, the Butler Tech. & Teaching Award, the Outstanding Teaching Award for Part-Time Faculty & Staff and the Penn State Hazleton Council Outstanding Teaching Award.

## The Second Year Experience Schedule

Date & Location At Noon	Topic	Activity
1/30/13 G-115	University Park Housing	Speaker: Tammy Spevak Housing Office
2/6/13 G-115	Research and Library Services	Speaker: Val Lynn Head Librarian
2/20/13 G-115	College and Stress: A Positive Approach	Speaker: Debbie Jemo Campus Counseling Services
2/27/13 G-115	Career Services & How to Write a Resume	Speaker: Kathy Maxwell Advising Office
3/12/13 G-115	Academic Support Services	Jane Waitkus Learning Center
3/20/13 G-115	Resume Writing*	Workshop Groups
3/27/13 G-115	Managing Your Finances	Guest: TBA
4/10/13 G-115	Degree Audits & Information	Speaker: Kathy Maxwell Advising Office

\*Note that you will want to be prepared to get the most out of this interactive workshop. Details will be announced in advance.

\*\*Note that the date of the tour is a Monday. The bus will leave at 4 p.m. Details will be announced prior to the trip.

Please note that events and speakers are subject to change, but you will be informed promptly as to any changes.

## The Spanish Club plans rose sale, party for Valentine's Day

Daphnie Vega  
dmv5121@psu.edu

What can be better than buying your sweetheart roses? Receiving them! No matter whether you are on the buying or receiving end of flowers, The Spanish Club is providing everyone with a chance to make someone happy this Valentine's Day.

The Spanish Club is sell roses, in a variety of colors at the following prices: a bundle of three for \$8, six for \$15, 12 for \$33 and a single rose for \$3. Anyone interested can stop by the The Spanish C table in the Butler building from noon-1 p.m. to place an order.

On Valentine's Day, the Spanish Club is holding a party in the Slusser/Bayzick building. For more info check the blue screen.



Photo by Tiara Zhan'e Hernandez

**Delsy Rodriguez exhibits one of the signs being set up on campus advertising the sale of roses. The sale is timed to coincide with Valentine's Day.**

Tuesday, Jan. 29, 2013



## Amanda's Corner



15 MOVIES  
IN 15 WEEKS

### Witness for the Prosecution

Esteemed criminal lawyer Sir Wilfrid Robarts has just returned to practice after suffering a heart attack and is supposed to be on a diet of bland civil suits. But the case of Leonard Vole, a charmer accused of murdering a rich middle-aged widow, proves irresistible -- particularly when Sir Wilfrid meets the accused's wife, the remarkable Christine Vole. Christine will appear as a witness: not the defense, but for the prosecution.

-credit imdb.com

### JOKE OF THE WEEK

A guy has a talking dog. He brings it to a talent scout. "This dog can speak English," he claims to the unimpressed agent. "Okay, Sport," the guys says to the dog, "what's on the top of a house?" "Roof!" the dog replies. "Oh, come on..." the talent agent responds. "All dogs go 'roof'." "No, wait," the guy says. He asks the dog "What does sandpaper feel like?" "Rough!" the dog answers. The talent agent gives a condescending blank stare. He is losing his patience. "No, hang on," the guy says. "This one will amaze you." He turns and asks the dog: "Who, in your opinion, was the greatest baseball player of all time?" "Ruth!" goes the dog. And the talent scout, having seen enough, boots them out of his office onto the street. The dog turns to the guy and says "Maybe I shoulda said DiMaggio?"



Photo by Tiara Zhan'e Hernandez

The Taikoza Japanese performers during their performance last week.

## Taikoza share talents, traditions with Penn State Hazleton campus

Tiara Zhan'e Hernandez  
tzh5176@psu.edu

The sensational Taikoza made a pit stop at Penn State Hazleton on Jan. 23rd as part of a Pennsylvania road trip. Taikoza originally began in New York City.

It was powered by members of a popular group who started the renaissance of taiko in Japan. In translation, taiko means big drum, which makes sense once you see this group of talented musicians and performers light up the stage with their large 170 pound drums.

With Hazleton weather at an outstanding nine degrees, Taikoza opened up with a piece about the month of May, with the hopes to "bring Hazleton some warm weather."

Between sets, the drummers took a moment to briefly share the background and history of the pieces they were performing for the crowd.

Taikoza drummer, Marco Lienhard, informed the audience of the many May festivals that take place in Japan each year. One is called Aoi Matsuri, which includes some 500 people dressed

in ancient costumes and make-up parading through the streets of Kyoto, Japan.

Aside from its large (and small) drums, the group also incorporated other Japanese instruments. They included the Shakuhachi, which resembles a traditional flute except this particular one is one foot and eight inches long. The Shakuhachi has four holes in the front and one in the back. In order to change the sound, the musician must alter the angle in which (s)he is holding the instrument.

Once the group was warmed up and got "in the zone," they began to interact with crowd, handing some of the younger audience members their drumsticks, letting them be a part of Taikoza for a while. The show also included pieces that are often used in Japan for meditation and to call and celebrate the gods.

For more information about Taikoza please visit their website, <http://www.taikoza.com>.

To learn more about upcoming events for Penn State Hazleton please contact student affairs, [amh254@psu.edu](mailto:amh254@psu.edu)

## G2K...

### Mylique Sutton



In this series of Q & A's you'll be getting to know the people behind the scenes of the PSU Collegian.

#### Where are you from?

I was born in Brooklyn but my parents are from Jamaica. I've visited a few times and it's fun though I can't help but miss the city.

#### Why Penn State Hazleton?

I really liked that it was a small campus while still offering a Penn State education. That's a combination that's hard to beat.

#### What is your major?

Journalism and they say that it's dying but I'm pretty sure that I'll be the one who comes around and breathes some new life into it.

#### What are your hobbies?

Playing videogames mostly, I've put in a lot of hours in Halo, though sometimes I'll read and write to mix things up.

#### What is one of your life goals?

To get a book published. I don't care if it becomes a worldwide phenomenon or if I have the only copy in the world. I just want to write it then be able to physically hold it.

\* **GET TO KNOW** is a weekly feature to help Penn State Hazleton students, faculty and staff get to know each other. If you have a suggestion for this feature, please contact Daphnie Vega: [dmv5121@psu.edu](mailto:dmv5121@psu.edu).

*It's snow problem...*

# Weather is no excuse not to exercise

**Mylique Sutton**  
 mqs5490@psu.edu

So you're snowed into your room, it's too cold to leave and no paths have been cleaned but you still want to get your workout in. It's bound to happen; we're in Hazleton after all. So, what do you do?

Unless you found a way to fit a personal gym into your dorm room, you'll have to look at some alternatives. While there's nothing quite like bench pressing or doing dead lifts with a barbell, there are things you can do to get that sore feeling in your muscles you've grown to love until you can get back into the gym and pump some iron.

With the assistance of kinesiol-

ogy instructor Karen J. Stylianides and sophomores Lauren Piazza and Ally Blazejewski, a list of six exercises has been compiled here that anyone can do from the comfort of their own room, free from judging eyes and nostril burning stench. There are, of course, other things you can do, but you have to start somewhere right?

So once you've stretched and gotten out of your PJs, give these exercises a try. You don't even have to be snowed in to do these. If you resolved to work out more, but you don't feel ready to enter the gym try these six exercises. If your gut is rounding out a bit and need something quick to do during commercial breaks, these exercises can help.

## Tricep Dips



Sutton uses the chair to work the arms with a set of tricep dips. An object, such as a book, can be placed between the legs to add some weight and difficulty.

## Wall Sits



Ally Blazejewski, left, and Lauren Piazza, right, demonstrate the proper way to do wall-sits with their legs bent at 90 degrees. To make things even more difficult trying holding something heavy out in front of you like a textbook.

## Isometric



Piazza holds this position for several seconds and holding the book doesn't make things easier.



## Oblique Twists

With textbook still in hand, Piazza does some oblique twists with her feet hovering slightly above the ground.

## Step-ups



Blazejewski uses a chair to do a set of step-ups. A bookbag can be used to increase the difficulty.

## Squats



Piazza uses a textbook to do a set of squats while being sure to not let her knees extend past her feet.

### Men's Basketball

Saturday, Jan. 26  
 Penn St. Hazleton def.  
 Penn St. Greater  
 Allegheny  
 83-59

### Team Stats Hazleton

Points	83
FGM-FGA	29-68
3PM-3PA	9-31
FTM-FTA	16-27
Off. Rebounds	17
Tot. Rebounds	43
Assists	16
Turnovers	17
Steals	11
Blocks	1
Fouls	17

### Top Performer 23-Miguel Rodriguez



Pts: 15  
 Reb: 9  
 Ast: 4  
 Stl: 2  
 Blk: 0

### Greater Allegheny

Points	59
FGM-FGA	26-68
3PM-3PA	2-14
FTM-FTA	5-10
Off. Rebounds	17
Tot. Rebounds	44
Assists	15
Turnovers	20
Steals	6
Blocks	2
Fouls	19

### Top Performer 33-Aaron Byrd



Pts: 14  
 Reb: 7  
 Ast: 3  
 Stl: 0  
 Blk: 0