



THE PSU Collegian

Volume 1 Issue 25
March 11, 2013

Where the NEWS is all about YOU

Calendar of Events

MONDAY, March 11
Classes resume

TUESDAY, March 12
Noon
SGA meeting

6 - 7:30 p.m.
**Women's Symposium -
Etiquette dinner**

THURSDAY March 14
CCSG Weekend

8 p.m.
**Bob Tier - Name that
Price**

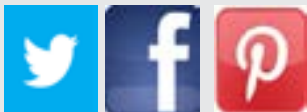
SATURDAY, March 16
Washington, D.C. trip
Sign up in room 105B

TUESDAY, March 19
Noon
SGA meeting

7 p.m.
**Screaming Orphans
Arts & Music Series
Slusser/Bayzick**

TUESDAY, March 26
Noon
SGA Meeting

WEDNESDAY, March 27
6 p.m.
**Egg Hunt
in the gym**



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How many students does it really take to change a light bulb?

It's tough to produce a weekly newspaper fresh off of Spring Break. It is also tough to return to nine more weeks of books, lectures, tests and papers. In an effort to lighten up the return to classes, the staff of *The PSU Collegian* would like to make everyone happy with some "light" reading.

As you can see, the use of the word "light" is applied literally and figuratively. The following text has been blatantly ripped off from an Internet site and in the interest of truth in journalism, here is the Web site -- http://www.aaaugh.com/jokes/light_bulb_jokes.html.

How many Princeton students does it take to change a lightbulb?

Two -- One to mix the martinis and one to call the electrician.

How many Brown students does it take to change a lightbulb?

Eleven -- One to change the lightbulb and 10 to share the experience.

How many Yale students does it take to change a lightbulb?

None -- New Haven looks better in the dark.

How many Cornell students does it take to change a lightbulb?

Two -- One to change the lightbulb and one to crack under the pressure.

How many Penn students does it take to change a lightbulb?

Only one, but he gets six credits for it.



How many Columbia students does it take to change a lightbulb?

Seventy-six -- One to change the lightbulb, 50 to protest the lightbulb's right to not change, and 25 to hold a counter-protest.

How many MIT students does it take to change a lightbulb?

Five -- One to design a nuclear-powered one that never needs changing, one to figure out how to power the rest of Boston using that nuked lightbulb, two to install it, and one to write the computer program that controls the wall switch.

How many Harvard students does it take to change a lightbulb?

One -- He holds the bulb and the world revolves around him.

How many Duke students does it take to change a lightbulb?

A whole frat -- but only one of them is sober enough to get the bulb out of the socket.

How many Georgetown students does it take to change a lightbulb?

Four -- One to change it, one to call Congress about their progress,

and two to throw the old bulb at American U. students.

How many Tufts students does it take to change a lightbulb?

Two -- One to change the bulb and the other to say loudly how he did it as well as an Ivy League student.

How many Sarah Lawrence students does it take to change a lightbulb?

Five -- One to change the bulb and four to do an interpretive dance about it.

How many Boston University students does it take to change a lightbulb?

Four -- One to change the bulb and two to check his math homework.

How many Amherst students does it take to change a lightbulb?

Thirteen -- One to change the bulb and an a capella group to immortalize the event in song.

How many Wesleyan students does it take to change a lightbulb?

Wesleyan's boycotting GE . . . you know, military-industrial complex and all that.

THE CREW

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Editorial content

Articles, ideas, photos, opinion pieces, commentary, cartoons, jokes, artwork, music, videos and vlogs are welcome at The PSU Collegian. There are multimedia components to the student-run vehicle so just about anything may be communicated. This is an opportunity to hear or read about YOU.

All submissions must contain first and last names, ages, emails and phone numbers so we may contact you if there are any questions.

Email:

urpsunews@gmail.com

Voicemail, messages:
570-435-1PSU (1778)

Feeling stressed? PSU HN is ready to help

Debra J. Jemo Ed.M., Counseling and Psychological Services at PSU HN, recently provided information important for everyone to know regarding students in distress.

Students typically encounter a great deal of stress during their university years (i.e., academic, social, family, and work, financial). While most students cope successfully with the demands of university life, for some the pressures can become overwhelming and unmanageable.

Students may feel alone, isolated, helpless and even hopeless. These feelings can easily disrupt academic performance and may result in harmful behaviors such as substance abuse and attempts at suicide.

Faculty, staff members and even other students are in a unique position to identify and help those who are in distress. This may be particularly true for students who cannot or will not turn to family

or friends. Anyone who is seen as caring and trustworthy may be a potential resource in times of trouble.

Your expression of interest and concern may be a critical factor in helping struggling students reestablish emotional equilibrium, thus saving their academic careers or even their lives.

Tips for Recognizing Distressed Students

The following may help to identify some symptoms which, when present over a period of time, suggest that the problems with which the person is dealing are more than the "normal" ones.

Marked Change in Academic Performance or Behavior

- Poor performance, preparation
- Excessive absences or tardiness
- Repeated requests for special consideration especially when this represents a change from previous functioning
- Avoiding participation
- Dominating discussions

- Excessively anxious when called upon
- Disruptive behavior
- Exaggerated emotional response that is obviously inappropriate to the situation

Unusual Behavior or Appearance

- Depressed or lethargic mood
- Hyperactivity or very rapid speech
- Deterioration in personal hygiene or dress
- Dramatic weight loss or gain
- Strange or bizarre behavior indicating loss of contact with reality

References to Emotional or Life Stressors

- Problems with roommates, family, or romantic partners
- Experiencing a death of a significant other
- Experiencing a physical or sexual assault
- Experiencing discrimination based on gender, race, religion,

See STRESS, Page 4

Volunteers sought for Community Reading Day

The Greater Hazleton Chamber of Commerce is looking for volunteers to help with its 17th annual Community Reading Day Program on April 25, at 9:30 a.m. in the area elementary schools.

This event helps to promote literacy and encourage life-long reading with the next generation.

Those interested in participating should complete the form which will appear in The PSU Collegian for the next few weeks.

Return the completed form to Linda Mantush, marketing assistant at the chamber. Her email is mantush@hazletonchamber.org.


Mantush will be selecting the schools that volunteers will visit and will be getting back to them with that information.

The schools that volunteers will visit are first and second grade classes in the Hazleton Area School District as well as Holy Family Academy and McAdoo Catholic and classes in the Head Start program.

Sign up as soon as possible, since this is a very popular event and the choices become limited very quickly.

17th Annual Community Reading Day

Promoting Literacy in Your Community for 17 years!



PENNSYLVANIA STATE UNIVERSITY
Hazleton

Community Reading Day helps to promote literacy and encourage life-long reading and imagination with our next generation. We, as the business community, educators and parents help to shape their destiny and potential.


Volunteer for our 17th Annual Community Reading Day and spend part of your day reading to our students.

DATE: Thursday, April 25, 2013
TIME: 9:30 AM
LOCATION: Area Elementary Schools

The book that you will read and decide to discuss will be available for pick up at the Chamber office starting Thursday, April 11, 2013. As a volunteer, you choose your time at a pre-assigned school and share the joy and excitement of reading with our students. Sign up today for the fun and rewarding event!

NOTE: If you would prefer to read at a certain school, please include the location name below. Although we cannot guarantee placement, this information will help with scheduling.

Community Reading Day - April 25, 2013
Yea! I would like to volunteer!

Event Coordinated by:  Greater Hazleton Chamber of Commerce

Name: _____

Company: _____

Phone: _____

E-Mail: _____

Approved School District: _____

Teacher and/or Grade: _____

Return to Linda Mantush at the Greater Hazleton Chamber of Commerce, 200 West Commercial, Hazleton, PA 18201. Phone: 717-435-1778. Fax: 717-435-1778. Email: mantush@hazletonchamber.org

Monday, March 11, 2013

Amanda's Corner



Monsieur Lazhar (2011)
-credit imbd.com

At a Montréal public grade school, an Algerian immigrant is hired to replace a popular teacher who committed suicide in her classroom. While helping his students deal with their grief, his own recent loss is revealed.

All movies available for 24 hour rental in the library.

JOKE OF THE WEEK

How college departments determine your grades:

- **Dept. of Statistics:** All grades are plotted along the normal bell curve.
- **Dept. of Psychology:** Students are asked to blot ink in their exam books, close them and turn them in. The professor opens the books and assigns the first grade that comes to mind.
- **Dept. of History:** All students get the same grade they got last year.
- **Dept. of Religion:** Grade is determined by God.
- **Dept. of Philosophy:** What is a grade?
- **Law School:** Students are asked to defend their position of why they should receive an A.
- **Dept. of Mathematics:** Grades are variable.
- **Dept. of Logic:** If and only if the student is present for the final and the student has accumulated a passing grade then the student will receive an A else the student will not receive an A.
- **Dept. of Computer Science:** Random number generator determines grade.
- **Music Department:** Each student must figure out his grade by listening to the instructor play the corresponding note (+ and - would be sharp and flat respectively).
- **Dept. of Physical Education:** Everybody gets an A.

What's Cooking - Seek the words



- BAKE,
- BARBECUE,
- BASIN, BOIL,
- BRAISE, BROIL,
- CAN OPENER,
- CHEF,
- CODDLE,
- CONDIMENT,
- COOK, CUPS,
- FORK, FRIED,
- FRYING PAN,
- GRILL, HEAT,
- KNIFE,
- MARINATE,
- MICROWAVE,
- MIXER, OVEN,
- PEPPER,
- PLATE, POACH,
- RECIPE,
- RELISH,
- ROAST,
- ROLLING PIN,
- SALAD, SALT,
- SAUCE,
- SAUCEPAN,
- SIEVE,
- SKILLET,
- SPATULA,
- SPOON,
- STEAMED,
- STEEPED, STIR
- FRY, TIMER,
- TOASTED.

Nominations being accepted for Walker Award

Consider nominating one of PSU Hazleton's deserving students for the Eric A. & Josephine S. Walker Award.

The purpose is to recognize students from commonwealth campuses whose outstanding qualities of character, scholarship, leadership, and citizenship have been directed into programs and services that have positively influenced fellow students and have contributed to the prestige and well-being of their campus and hence, to the reputation of the university as a whole.

The award shall be made annually during the Spring Semester, to a full-time undergraduate student attending a commonwealth campus, completing at least two full years of study in either an associate's degree or baccalaureate degree program, and who during this period of enrollment, has consistently demonstrated the qualities of the Walker Award.

Each chartered student club or organization, and the faculty and staff of the campus, share the privilege of nominating a student for the award.

The final selection for the Hazleton campus will be made by a local selection committee.

The nomination form is attached and will also be available in the Student Affairs Office.

The full nomination packet must be submitted by the deadline. Both the nominator and the nominee have responsibility for completion of the nomination packet. Deadline for submissions is Friday, March 22.

Please contact the Student Affairs office at extension 3160 if you have any questions.

'Screaming Orphans' bring unique talent to campus March 19

The Screaming Orphans will bring their talent to the Slusser / Bayzick stage at PSU Hazleton Tuesday, March 19 for a 7 p.m. show.

The Screaming Orphans label themselves as a pop-rock band with four fun, high-spirited, musically-obsessed sisters from Ireland.

The band's sound has been compared to the Bangles and the Cranberries and their musical influences range from the Beatles, REM, Indigo Girls,

Abba, to traditional Irish music.

Joan, Angela, Grainne and Marie Therese Diver make up the group. Joan is the lead singer and drummer and the youngest of the sisters. Angela plays bass and fiddle and is classically trained in violin. She prefers to read French novels than socialize. Grainne plays guitar and is the talker of the group. Marie Therese is keyboardist and the oldest of the sisters. She also likes French novels.

STRESS: You can help those who find it difficult to cope

Continued from page 2

ethnicity, sexual orientation, or disabilities

- Experiencing legal difficulties
- Any other problem or situation that is experienced as a loss or stress

References to Suicide, Homicide or Death

- Feelings of helplessness or hopelessness
- Verbal or written references to suicide
- Verbal or written references to homicide or assaultive behavior
- Isolation from friends, family and classmates

What Can You Do?

If you choose to approach a student or person you are concerned about or if an individual reaches out to you for help with personal problems, here are some suggestions which might make the opportunity more comfortable for you.

Timing

It is important to be aware that options for referral vary depending on the time of day. Counseling is open Monday through Friday from 8 a.m. to 5 p.m. for appointments and crisis intervention.

After hours, Northeast Counseling Services is an agency that provides 24 hour emergency coverage. You can call them at 455-6385.

Northeast Counseling is located at 750 East Broad St., Hazleton.

Follow-up

Arrange a time to meet again to solidify the student's resolve to obtain appropriate help.

Consult

When in doubt about the advisability of an intervention, call counseling at 450-3160 or 450-3027.

After hours and on weekends, contact Northeast Counseling Services 455-6385.

Athletic, recreational facilities access modified

Tom Butchko, director of business services at PSU Hazleton and Tracy Garnick, director of student services and engagement have announced new hours of operations for accessing the athletic and recreational facilities beginning today, Monday, March 11.

Butchko and Garnick said in order to fully comply with Penn State University's Risk Management Policy AD73 Accessing Athletic and Recreational Facilities, the campus is modifying the hours of operation for the following rooms within our Physical Education building.

- Cybex Equipment Room 008 on the lower level
- Weight Lifting Room 008A on the lower level
- Cardio Exercise Equipment Room 108 on the main level.

The the decision was made to modify the hours of operation because AD73 requires each campus to ensure access to athletic recreational facilities takes place during designated hours for use.

Additionally, the campus must ensure access to athletic recreational facilities is only granted to those individuals specifically defined within the policy (i.e. students, faculty, staff, and retirees).

Furthermore, an expectation is placed upon the campus to ensure the athletic recreational facilities have appropriate staff on duty to oversee activities during designated hours of operation.

Therefore, in order to ensure personal safety when using our athletic facilities and to comply with the requirements of AD73, the athletic recreational rooms located within the Physical Education building will

Deadline nears for study abroad program

The organization, ieiMedia, is accepting applications for its summer study-abroad programs. The application deadline has been extended to Friday, March 15.

Students and recent graduates can explore multimedia storytelling in Urbino, Italy and Armagh, Northern Ireland or study international reporting with veteran foreign correspondents in Istanbul or Jerusalem.

While the programs are particularly geared toward journalism and mass communication students, other majors are welcome.

For more information email Rachele Kanigel, executive director of ieiMedia at rkanigel@ieimedia.com.



remain locked until an attendant is available to monitor their use.

The facilities were closed over spring break and the new hours will begin today.

The new hours of operation for our athletic recreational rooms will be:

- Monday through Friday (9:30 a.m. to 10 p.m.)
- Saturday and Sunday (1 p.m. to 6 p.m.)

Please note, the campus recently

conducted a building security assessment with Tyco Integrated Security. Tyco has prepared a list of recommended security enhancements which are currently being reviewed and evaluated for possible implementation. Should anyone have any questions concerning the change in hours of operation or future potential security enhancements for the Physical Education building, please call 450-3156 to discuss the issues.

THE "BUILD ON A GREAT ACCOMPLISHMENT" CHALLENGE.

You've worked hard to reach graduation. Now it's time to consider a career where hard work offers continued great rewards. At The Prudential Insurance Company of America your drive determines your success. If you can see yourself making a difference in people's lives by helping them build, manage, protect and preserve their assets, join us as a Financial Professional Associate.

Find out about this incredible career now.

Lisa Hummel, Agency Recruiter
lisa.hummel@prudential.com
570 340 7052



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Monday, March 11, 2013