



THE PSU COLLEGIAN

“Where the NEWS is all about YOU”

Volume 1, Issue 9 October 22, 2012

CALENDAR OF EVENTS:

TODAY

Blood Drive (Graham Lobby) @ 11 a.m. to 5 p.m.

Human Luncheon (Student Club Space) @ noon

TUESDAY

Student Government Association (103B) @ noon

Eastern State Penitentiary Bus Trip (Sign Up 105B) @ 5 p.m.

WEDNESDAY

L.E.A.D. Communication (103B) @ noon

Movie Night Library @ 10 p.m. to Midnight

THURSDAY

Open Mic Nite (Café) @ 8 p.m.

Costume Party (SBB) @ 9 p.m.

FRIDAY

Club Run Halloween Event TBA

SATURDAY

Football Frenzy vs. Ohio State

SUNDAY

Six Flags Fright Fest Bus Trip (Sign Up 103B) @ 9 a.m.

Check us out on



twitter.com/psucollegian
facebook.com/psucollegian
pinterest.com/psucollegian

FEELING SICK?

Don't worry, help is available

Shainaliz Ortiz
syo5071@psu.edu

Getting sick is inevitable when going back to school. The only difference from high school and college is that parents or guardians are not around to take care of students when they do not feel well.

So what does a college student do when they are sick?

The Health Services office and the resident assistants have plans in place to help students stay healthy both on and off campus.

In the event of an emergency, it is suggested that 911 should be dialed immediately.

IMPORTANT NUMBERS

Health Services: 570-450-3029

On-Campus Police: 570-450-3333

Hazleton General Hospital: 570-501-4000

Otherwise, students should go to Health Services and see Allen Sabatino the nurse practitioner stationed at the gymnasium's room 105 where the Health Services office is located.

Sabatino offers services to all students when they are sick. He also does sports physicals, nutrition counseling, and weight-loss assistance and guidance.

While the Health Services office accept walk-ins, Anne Balko, the assistant and receptionist, recommends calling beforehand to schedule an appointment.

The Health Services office charges a \$20 fee upfront, but the receipt can be sent to the student's insurance provider to have the money reimbursed.

When a student is too ill to walk up the hill for an appointment, they may contact the on-campus police for an escort.

The Health Services office is open Monday through Friday from



PHOTO BY SHAINALIZ ORTIZ

Winnel Christie, a student at Penn State Hazleton, re-enacts what might constitute an emergency in the resident hall. He, as well as other students, should contact a resident assistant such as Shawn Perkiss, at right, if an sudden illness affects them. PSU Hazleton has a plan in place to help those who get sick while at college.

8 a.m. to 5 p.m. If Sabatino is unavailable or it is after hours, decisions should be made whether the situation is severe or just the common cold. When the symptoms are congestion or headache, Sabatino suggests that calmly waiting until he returns to the office is best.

Students also may go to the Hazleton General Hospital's emergency room if they feel it is necessary. The hospital is located at 700 E. Broad St., Hazleton about four miles from campus.

Prior to running out for the emergency, the resident assistant should be advised.

If the incident is not as serious,

they can still contact their RC (resident coordinator) or get in touch with the police.

As a resident assistant of South Hall, Teshira Newton, is one of the many who urge residents to “tell your RA right away” before symptoms get worse. They can call a taxi cab to transport someone to the local hospital where Penn State will pay for the service instead of the students paying for an ambulance.

Regardless of the pain level, students should always know where resources are and how to use them.

Students need to stay healthy throughout the semester so they can learn and enjoy college life.

If you have a story or photo for The PSU Collegian, email them to urpsunews@gmail.com

*Ruth's Place
invites everyone
to walk*

**"A Mile
in Her Shoes"**



WHEN: Nov. 4

**WHERE: Start at Public
Square, Wilkes-Barre**

WHEN: 1-3 p.m.

**HOW YOU CAN HELP:
Join the walk or make a
donation.**

**Join the 2-mile
Walk-A-Thon tracing
the daily path
of some of the places
women experiencing
homelessness visit for
help and support.**

**Money raised at the
walk provides financial
support to Ruth's Place
Women's Shelter
which offers a 24/7
shelter and counseling.**

Go to <http://www.ruthsplace.com/Pages/WalkaThon2011.aspx>
for more information
or to register

Be prepared

'El día de los muertos' is coming

Daphnie Vega
dmv5121@psu.edu

The Day of the Dead is a Mexican holiday to celebrate and pray for the loved ones who have passed away.

One of the most common misconceptions about this holiday is that it's the Mexican interpretation of Halloween. Unlike Halloween, the Day of the Dead is joyful and not scary at all.

It's meant for family and friends to unite to rejoice and celebrate the past life of a loved one who is dead.

The celebration takes place on Nov. 1, in connection with the Catholic holidays of All Saints' Day and All Souls' Day on Nov. 2.

On the Day of the Dead, family and friends will build altars honoring the deceased using sugar skulls, marigolds, and the favorite foods and beverages of the departed and visiting graves with these as gifts. They also leave possessions of the deceased.

The celebration that is known as the Day of the Dead fell in the ninth month of the Aztec calendar and was celebrated for an entire month.

Today, the holiday is celebrated during a three-day period where family members gather around the deportee's grave to be surrounded by their soul.

The Day of the Dead is a holiday which is celebrated in most



Puppets are a part of 'Day of the Dead' celebrations. These were from a celebration at The Muckenthaler Cultural Center in Orange County, California.

Spanish-speaking countries in South America.

Now, the Day of the Dead experience is coming to the Penn State Hazleton campus courtesy of the Spanish Club.

There will be a costume contest along with a pie eating contest, bobbing for apples, a photo booth and a scavenger hunt. Tacos will be served with refreshments.

This event will be held on Oct. 31st in the cafeteria from 6-10p.m.

Do something different on Hallows Eve and celebrate the Day of the Dead with The Spanish Club here on campus.

THE CREW

Newspaper Advisor

Pat Trosky, BA, MA
pxt113@psu.edu

Managing Editors

Amanda Gipson
avg5230@psu.edu

Casey Petty
cvp5142@psu.edu

Staff Members

Krystin Baker
knb5151@psu.edu

Tiara Zhan'e Hernandez
tzh5176@psu.edu

Becky Long
ral5274@psu.edu

LJ Santa Maria
lxs5170@psu.edu

Shainaliz Ortiz
syo5071@psu.edu

Thomas Salamone
tjs5480@psu.edu

Steve Santiago
sds5368@psu.edu

Myliques Sutton
mq5490@psu.edu

Daphnie Vega
dmv5121@psu.edu

Articles, ideas, photos, videos and vlogs are welcome. Agree or disagree with an editorial? We want to give YOU a voice as well as others. All submissions must have a first and last name, an email and phone number where we can verify the submission.

Email us at
urpsunews@gmail.com

Leave us a voicemail at
570-435-1PSU (1778)

We need what you've got!
Donate Plasma

Earn \$40 your first and second donations.
Interstate Blood and Plasma
665 Carey Ave. Wilkes-Barre PA

Bring with you Photo ID, Social Security Card, and Student ID

Thon's 5K was a success



Penn State Hazleton's third ever 5k race had the biggest turnout of them all with over 120 people participating in the race. This was also the most successful 5k run with about \$1700 being raised. Along with the 5k, there was also a Cub run for the kids where those ages 2-4 participated in a 100 yard dash and a Mile Youth Run where runners ranged from ages 7-13.

Women's overall winner was Christina Capparell, 12, left, with a time of 19:40.

Photo by Al Sabatino

Don't miss your next opportunity to volunteer

If you missed the 5k and couldn't make it to the most recent canning weekend, then Thon is offering another chance in the near future to go out and volunteer. There will be another Canning Weekend on Nov. 9-11, and these events are how the majority of Thon's money is raised as it accounted for 40 percent of Thon's profits last year according to Thon chair Michael Warner. The Gertrude Hawk fundraiser is also in the works for the end of November where students will be selling chocolates.

Men's overall winner was Mikhail Litvinov, 25 right, with a time of 15:58.



Photo by Al Sabatino

Trick-or-treaters headed to campus for 'Lil' Goblins'

Steve Santiago
sds5368@psu.edu

The Penn State Hazleton campus does its fair share of decorating for the special day that is Halloween. Every year the cafe is decorated with spider webs, plays scary movies, and sometimes has especially themed food. The dorm rooms are filled with people putting up scary pictures on their doors and using black lights to give an eerie effect to anyone who sees it.

The campus doesn't keep all this fun to itself, though. It also welcomes children from the Hazleton area to experience everything Penn State has to offer.

The 16th annual Lil' Goblins event Oct. 24 allows kids from 1-12



to come meet college students with their parents, dress up in their costumes and trick-or-treat throughout the dorms of South Hall.

Registration begins at 5:30. If anyone would like to request a registration, send an email with the names and ages of the children along with a contact name and phone number to lilgoblinsnight@yahoo.com.

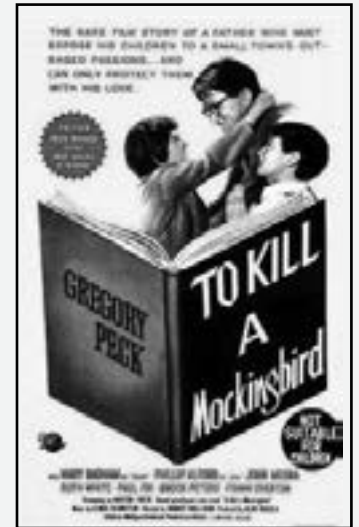
It is important that a college

campus be involved in the town it is located in and this is the perfect way to do it. Throughout the day the campus community can see little Franksteins, mummies, zombies, superheroes, princesses, and many others walking around campus with their bags full of candy.

Music will be playing in the South Hall lobby and refreshments will be given. So stock up on candy and get ready to have some fun.

Steve's Corner

**15 Movies
in 15 Weeks
Week 8**



A lawyer in the south during the time of the depression helps a black man fight against an undeserved rape charge while trying to help his kids fall victim to racial prejudice.

The movie is available at the library this week.

Joke of the Week

A high-school student came home from school seeming rather depressed.

"What's the matter, son?" asked his mother.

"Aw, gee," said the boy, "It's my marks. They're all wet."

"What do you mean 'all wet'?"

"I mean," he replied, "below C-level."

